

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Africans Unite Against Child Abuse	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Islington	
Contact person: Ms. Debbie Ariyo	Position: Director
Website: http://www.afruca.org	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1093027
When was your organisation established? 01/05/2001	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Improving Londoners' Mental Health		
Which of the programme outcome(s) does your application aim to achieve? More children and young people receiving specialist help, resulting in improved mental health More refugee and asylum seekers experiencing trauma, grief and loss accessing mental health services resulting in improved mental health		
Please describe the purpose of your funding request in one sentence. The Safeguarding Victims of Child Trafficking project in London aims to provide specialist, dedicated mental health support services for Black/African children/young people in London.		
When will the funding be required? 01/04/2015		
How much funding are you requesting?		
Year 1: £39,830	Year 2: £46,823	Year 3: £47,560
Total: £134,213		

Aims of your organisation:

AFRUCA was established in May 2001 and aims to:

- Raise the profile of African children in the UK and create awareness of their needs in ways that promote a positive climate for change.
- Ensure that African children are aware of the risks of abuse, know their rights, and have skills to protect themselves.
- Promote positive parenting among African parents and others who care for children.
- Increase the understanding of service providers and those with leadership roles about the risks of abuse and promote the development of appropriate services, practices, and support to African families.
- Influence the development of policy and regulatory action in ways that will safeguard African children.
- Develop leadership potential of young Africans.

Main activities of your organisation:

Awareness Raising and Sensitisation: With African communities and among young Africans about children's rights. We hold awareness sessions across London to educate about human trafficking and impact on victims.

Information, Education, and Advisory Services: to raise profile of African children, increase awareness of their needs, improve policies/practices. Activities include research projects; training programme for practitioners, expert advice on trafficking cases for immigration courts.

Advocacy and Policy Development: working closely with policy makers to shape development of policy/regulatory action to promote rights and welfare of victims of trafficking. Contributed to Modern Slavery Bill through provision of oral/written evidence.

Community Development: The only Black led charity in England supporting victims of human trafficking. We have developed strong specialist skills having assisted hundreds of victims to heal/lead independent lives.

Victim and Family Support: Our ongoing work with victims of human trafficking involves provision of practical support and a signposting service. This work is funded by Comic Relief and Esmée Fairbairn Foundation

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
8	3	4	99

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	

Summary of grant request

The "Safeguarding Victims of Child Trafficking in London" project aims to provide specialist, dedicated support services for black/African children/young people who have been trafficked into and across London for different forms of exploitation and abuse. With this new grant, we hope to expand AFRUCA's menu of support services to children/young victims by introducing an in-house specialist mental health service to help bridge the gap in provision across London.

The trafficking of children is a growing problem in the UK and the 2013 National Referral Mechanism (NRM) statistics for England revealed 25% of child referrals from top 20 source countries were African. This is further evidenced by Government efforts to create new legislation under Modern Slavery Bill to strengthen protection for victims.

According to the 2014 Review Report on the NRM, "there is sparse specialised mental health provision for child victims of trafficking and waiting lists are long". Furthermore, the review noted that specialised services are important component in recovery for trafficked children/young people who are often victims of emotional trauma, harmful cultural practices, sexual exploitation and abuse. This is similar to our experiences at AFRUCA where trauma for African victims is further heightened by the psychological impact of juju and oath taking rituals that African traffickers often subject many of their victims to.

This new grant will enable us develop our capacity to meet the psychological and therapeutic needs of the young people using our services in a way that meets their cultural needs. A Charities Evaluation Services draft Independent Evaluation report December 2014 of our ongoing Trafficking programme states that:

"AFRUCA staff report that their ability to provide a culturally appropriate service (staff are of African heritage, can often talk to young people in their first languages, and understand African cultural traditions) is central to enabling young people to feel 'at home' with them. While this was not mentioned specifically by young people we spoke to, there was a clear sense that they felt comfortable with, and understood by, AFRUCA's staff, and we would suggest that the cultural appropriateness of the service is likely to have contributed significantly to this."

This mental health project will be run across London and will target children and young people between the ages of 12-25 years of black/African origin to enable us better support trafficked victims. A part-time Mental Health Worker will be appointed. Each year, we will provide culturally sensitive therapeutic support to 20 children and young people making a total of 60 beneficiaries over 3 years. 40 counselling/therapy sessions will be held for young people every month.

Our project falls within the 'Improving Londoners Mental Health' priority area under City Bridge's 'Investing in London' grant programme. The funding we receive will enable trafficked black/African children/young people (often categorised as asylum seekers by UKVI) to receive specialist, therapeutic support from AFRUCA resulting in improved mental health. The following outcomes will be specifically met:

• More children and young people receiving specialist help, resulting in improved mental health

• More refugees and asylum seekers experiencing trauma, grief and loss accessing mental health services resulting in improved mental health

Our project meets the Trust's 'Principles of Good Practice'. Volunteers will undertake mandatory induction programme and undergo a Disclosure and Barring Service check. They will be trained on our Child Safeguarding Policies and Procedures to ensure safety of children and young people. As an organisation, we are conscious about climate change and reducing our carbon footprint. Project staff and volunteers imbibe the habit of recycling our day-to-day office administrative and personal waste through the provision of recycling boxes.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

PQASSO

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Each year, 20 children and young people trafficked and exploited will have access to our in-house therapy service leading to improved mental health.

Each AFRUCA beneficiary will undergo two therapy sessions every month.

AFRUCA will deliver 40 therapy sessions a month to 20 service users.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

By the end of each year, 20 children and young victims of trafficking using our in-house therapy service will have improved mental health.

By the end of the project, 70% of young people undergoing therapy sessions will have better emotional resilience and experience less anxiety and depression.

By the end of the project, 100% children/young people supported by AFRUCA will have better self esteem and will be able to engage in self care and independent living.

By the end of the project, 100% of young people using our Mental Health Service will be better able to articulate their emotions and needs.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

AFRUCA believes a lot of work needs to be done beyond the lifetime of this project to ensure that Children/young people trafficked into the UK continue to have access to on-going counselling and mental health support. To this end, a new Fundraising Officer has been appointed to enable AFRUCA better promote its work and generate more income towards financial sustainability.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

20

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

London-wide (0%)

London-wide (0%)

London-wide (0%)

What age group(s) will benefit?

0-15

16-24

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

Black/ African/ Caribbean/ Black British (including African; Caribbean; Any other Black/ African/ Caribbean background)

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary Costs- Mental Health Worker/Therapist (Part-time - 21hrs per week)	19,218	23,638	24,230	67,086
Recruitment -Mental Health Worker/Therapist	1,200	0	0	1,200
Staff Training/Supervision of Mental Health Worker (BACP accreditation)	2,400	2,400	2,400	7,200
Young people travel costs to attend counselling and support sessions	4,320	5,904	6,048	16,272
Costs of hiring venues for counselling and support sessions with young people	7,200	9,600	9,600	26,400
Childcare costs and Volunteers expenses	2,520	3,440	3,440	9,400
Management costs	923	923	923	2,769
General organisational overhead costs	919	918	919	2,756
Desktop Computer and Two 4-drawer steel filing cabinets	1,130	0	0	1,130
TOTAL:	39,830	46,823	47,560	134,213

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2015
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Income received from:	£
Voluntary income	472,109
Activities for generating funds	31,557
Investment income	0
Income from charitable activities	0
Other sources	0
Total Income:	503,666

Expenditure:	£
Charitable activities	529,220
Governance costs	2,114
Cost of generating funds	8,560
Other	0
Total Expenditure:	539,894
Net (deficit)/surplus:	(36,228)
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	(36,228)

Asset position at year end	£
Fixed assets	19,492
Investments	0
Net current assets	95,846
Long-term liabilities	0
*Total Assets (A):	115,338

Reserves at year end	£
Endowment funds	0
Restricted funds	43,547
Unrestricted funds	71,791
*Total Reserves (B):	115,338

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
35.46% (from Department for Education and Department for Communities and Local Government)

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	164,430
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Big Lottery Fund	164,121	121,227	128,164
Trust for London	40,000	56,750	56,750
Comic Relief	29,952	49,129	40,753
Esmée Fairbairn	0	35,230	32,400
Tudor Trust	35,000	35,000	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Modupe Debbie Ariyo**

Role within **Chief Executive**
Organisation: